

V Grand Prix Tychów w Biegach Długodystansowych – 2011/2012

Kategoria kobiety 40 lat i młodsze /5000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|------------------------|--------|--------|--------|--------|--------|--------|--------|
| I | MAJEWSKA-HOWIS EWELINA | 100 | 80 | 60 | 80 | 80 | | 400 |
| III | PŁOSKONKA DAGMARA | 80 | 60 | 50 | 55 | 55 | | 300 |
| | GRYGIERCZYK WIOLETTA | 65 | | | | | | 65 |
| IV | RANIK ANNA | 60 | 55 | 45 | | 50 | | 210 |
| I | RZEPKA SABINA | | 100 | 100 | 100 | 100 | | 400 |
| | SZKOŁA IZABELA | | 65 | | | | | 65 |
| | MILKE DAGMARA | | 50 | | | | | 50 |
| | MILKE EMILIA | | 45 | | | | | 45 |
| | PORZUCZEK ANNA | | | 80 | | | | 80 |
| | KAJTOCH MONIKA | | | 65 | | | | 65 |
| | JASTRZĘBSKA NATALIA | | | 55 | 65 | 65 | | 185 |
| | GAJDA-DZIUBA JOANNA | | | 40 | | 45 | | 85 |
| | DRABIK DAGMARA | | | | 60 | | | 60 |
| | KSEPKO RENATA | | | | | 60 | | 60 |

Kategoria kobiety 41 lat i starsze /5000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|-------------------------|--------|--------|--------|--------|--------|--------|--------|
| II | KASZUBA GRAŻYNA | 100 | 100 | 80 | 65 | | | 345 |
| I | PYRSCH AGNIESZKA | 80 | 80 | 55 | 80 | 100 | | 395 |
| IV | NALEŹNIAK BERNADETA | 65 | 55 | 60 | 55 | 65 | | 300 |
| | PTAK ŁUCJA | 60 | 60 | 50 | 60 | | | 230 |
| | MZYK KRYSZYNA | 55 | 50 | 45 | 50 | 60 | | 260 |
| | SAGAN IRENA | 50 | 40 | 35 | 45 | 55 | | 235 |
| III | STUKATOR TERESA | | 65 | 65 | 100 | 80 | | 310 |
| | KONDRATOWICZ ALEKSANDRA | | 45 | | | | | 45 |
| | MURAS TERESA | | | 100 | | | | 100 |
| | RYŚ KATARZYNA | | | 40 | | | | 40 |

Kategoria mężczyźni do lat 19 /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|------------------|--------|--------|--------|--------|--------|--------|--------|
| I | KUŚ ALEKSANDER | 100 | 100 | 100 | 100 | 65 | | 465 |
| II | STOL WOJCIECH | 80 | 65 | 80 | 80 | 80 | | 385 |
| | WEGRZYNEK ŁUKASZ | 65 | | | | | | 65 |
| | KRZCIUK ŁUKASZ | 60 | | | | | | 60 |
| | PIEKORZ SZYMON | | 80 | | | | | 80 |

| | | | | | | | | |
|-----|---------------------|--|----|----|----|-----|--|-----|
| | KOWALSKI DAMIAN | | 60 | | 0 | | | 60 |
| III | SZARANIEC KRZYSZTOF | | | 65 | | 100 | | 165 |
| | PRUDLO PAWEŁ | | | | 65 | | | 65 |
| | ROGALSKI KONRAD | | | | | 55 | | 55 |
| | MAŁOCHLEB MATEUSZ | | | | | 60 | | 60 |

Kategoria mężczyźni 20 -29 lat /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|----------------------|--------|--------|--------|--------|--------|--------|--------|
| I | KOSEK PAWEŁ | 100 | 100 | 100 | 80 | 80 | | 460 |
| | GORAUS ARTUR | 80 | | | 40 | | | 120 |
| II | WRZESIŃSKI RAFAŁ | 65 | 80 | 80 | 50 | 45 | | 320 |
| | KOCUR JAROSŁAW | 60 | | | 65 | 60 | | 185 |
| | NAWROCKI TOBIASZ | 55 | 50 | 45 | | | | 150 |
| | SZCZUROWSKI TOMASZ | 50 | | | | | | 50 |
| | KULA ADAM | 45 | | | | | | 45 |
| | KUPCZYK ADAM | 40 | | | | | | 40 |
| III | ŻUK MARCIN | | 65 | 60 | 60 | 55 | | 240 |
| | BROL MARCIN | | 60 | 50 | | | | 110 |
| IV | SZERSZEŃ ARTUR | | 55 | 55 | 45 | 50 | | 205 |
| | CEMBAŁA WOJCIECH | | 45 | 15 | | 5 | | 65 |
| | GÓRSKI MARIUSZ | | 40 | 25 | | 15 | | 80 |
| | RZEPKA ROBERT | | | 65 | | 40 | | 105 |
| | ŚCIERSKI JÓZEF | | | 40 | | | | 40 |
| | GĄSIOR MATEUSZ | | | 35 | | | | 35 |
| | KOŁODZIEJCZYK ŁUKASZ | | | 30 | 15 | 20 | | 65 |
| | TWORUSZKA DAWID | | | 20 | 20 | | | 40 |
| V | WALTER ŁUKASZ | | | | 100 | 100 | | 200 |
| | ZWOLAK RADOSŁAW | | | | 55 | 65 | | 120 |
| | MUSIOŁ TOMASZ | | | | 35 | | | 35 |
| | PŁACHECKI MACIEJ | | | | 30 | 35 | | 65 |
| | ZIAJSKI TOMASZ | | | | 25 | | | 25 |
| | SZARANIEC KRZYSZTOF | | | | 10 | | | 10 |
| | WOŹNIAK DAWID | | | | 5 | | | 5 |
| | FISZER ANDRZEJ | | | | | 30 | | 30 |
| | BANAS MATEUSZ | | | | | 25 | | 25 |
| | SKWARCZYŃSKI TADEUSZ | | | | | 10 | | 10 |

Kategoria mężczyźni 30-39 lat /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|-----------------|--------|--------|--------|--------|--------|--------|--------|
| I | PAWŁOWSKI PIOTR | 100 | 100 | 65 | 100 | 80 | | 445 |
| IV | KUREK JACEK | 80 | | 80 | | 100 | | 260 |
| II | RAKOCZY RAFAŁ | 65 | 80 | 50 | 80 | 60 | | 335 |

| | | | | | | | | |
|-----|-------------------------|----|----|-----|----|----|--|-----|
| III | WITKOWSKI RAFAŁ | 60 | 55 | 45 | 65 | 65 | | 290 |
| | WILCZEWSKI TOMASZ | 55 | 40 | 30 | | | | 125 |
| | CEJNY TOMASZ | 50 | 35 | 35 | | | | 120 |
| V | WOJNIUSZ ANDRZEJ | 45 | 25 | 25 | 60 | 45 | | 200 |
| | WOJNIUSZ BENIAMIN | 40 | | | | | | 40 |
| | SZKOŁA MARCIN | 35 | 15 | | | | | 50 |
| | TAJBER SEBASTIAN | 30 | 20 | 20 | 55 | 35 | | 160 |
| | KLUSKA KRZYSZTOF | 25 | 0 | 5 | 35 | | | 65 |
| | ŻMUDA ROBERT | 20 | 0 | 0 | 25 | | | 45 |
| | KOLASA JAROSŁAW | 15 | | | | | | 15 |
| | RANIK MICHAŁ | 10 | 0 | 0 | | | | 10 |
| | STASIAK MAREK | 5 | 0 | 0 | 30 | 40 | | 75 |
| | SZOSTAK JANUSZ | | 65 | 55 | | | | 120 |
| | JARZĘBOWICZ PAWEŁ | | 60 | | | | | 60 |
| | RYNIAK MARIUSZ | | 50 | 40 | | | | 90 |
| | LUBOWICKI ŁUKASZ | | 45 | | 50 | 55 | | 150 |
| | KOPIEC PIOTR | | 30 | | 45 | | | 75 |
| | NIR ŁUKASZ | | 10 | | | 30 | | 40 |
| | ADAMCZYK GRZEGORZ | | 5 | 15 | | 10 | | 30 |
| | WIKA SEBASTIAN | | 0 | 0 | 15 | | | 15 |
| | MIKULSKI JACEK | | 0 | | | | | 0 |
| | POLOCZEK TOMASZ | | 0 | | | | | 0 |
| | BURZAWA PIOTR | | 0 | 0 | | | | 0 |
| | OSADNIK REMIGIUSZ | | 0 | 0 | 20 | 20 | | 40 |
| | BOBA MARCIN | | 0 | 0 | | 25 | | 25 |
| | WASYLEWICZ MARCIN | | 0 | 0 | | | | 0 |
| | KUBERA SEBASTIAN | | 0 | | | | | 0 |
| | PISS KRZYSZTOF | | 0 | 0 | | | | 0 |
| | DUDA KRZYSZTOF | | 0 | | | | | 0 |
| | GUTOWSKI PIOTR | | 0 | | | | | 0 |
| | MIKA ŁUKASZ | | | 100 | | | | 100 |
| | CELIŃSKI ROBERT | | | 60 | | | | 60 |
| | PAWLIK PIOTR | | | 10 | | | | 10 |
| | GRZESIUK RADOSŁAW | | | 0 | | | | 0 |
| | MZYK GRZEGORZ | | | | 40 | 15 | | 55 |
| | KOPIEC SZYMON | | | | 10 | | | 10 |
| | SALAĆIAK ARTUR | | | | 5 | 0 | | 5 |
| | BESSER BARTOSZ | | | | 0 | | | 0 |
| | TOMASZKIEWICZ KRZYSZTOF | | | | | 5 | | 5 |
| | MAŁOCHLEB CZESŁAW | | | | | 50 | | 50 |
| | KORCZ ŁUKASZ | | | | | 0 | | 0 |

Kategoria mężczyźni 40-49 lat /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|-----------------|--------|--------|--------|--------|--------|--------|--------|
|------|-----------------|--------|--------|--------|--------|--------|--------|--------|

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|-----|---------------------|-----|-----|-----|-----|-----|--|-----|
| III | SZYMURA GRZEGORZ | 100 | 100 | | 100 | | | 300 |
| | SMOTRYK ARTUR | 80 | | | | | | 80 |
| I | PTAK ZDZISŁAW | 65 | 65 | 80 | 80 | 80 | | 370 |
| II | HRYSZKO KAZIMIERZ | 60 | 60 | 65 | 60 | 60 | | 305 |
| | POLKO ROMAN | 55 | | | | | | 55 |
| V | PYRSCH ZBIGNIEW | 50 | 55 | 55 | 65 | 50 | | 275 |
| | BOJARSKI KRZYSZTOF | 45 | 30 | 30 | 35 | 45 | | 185 |
| IV | PODOWSKI JAN | | 80 | 100 | | 100 | | 280 |
| | REGUŁA JAROSŁAW | | 50 | 50 | 40 | | | 140 |
| | OBOZA LESZEK | | 45 | | | | | 45 |
| | MIELKE RAFAŁ | | 40 | 35 | | | | 75 |
| | GUNIA MARIUSZ | | 35 | 45 | 50 | | | 130 |
| | JĘDRZEJKO TOMASZ | | 25 | | | | | 25 |
| | DZIUBA ANDRZEJ | | | 60 | | 65 | | 125 |
| | MAJEK KRZYSZTOF | | | 40 | | | | 40 |
| | TOPOLNICKI SŁAWOMIR | | | | 55 | 55 | | 110 |
| | NITKA JACEK | | | | 45 | 0 | | 45 |

Kategoria mężczyźni 50-59 lat /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|-----------------------|--------|--------|--------|--------|--------|--------|--------|
| I | WRZESIŃSKI ANDRZEJ | 100 | 100 | 100 | 100 | 100 | | 500 |
| II | GÓRAK HENRYK | 80 | 65 | 65 | 80 | 80 | | 370 |
| V | PLEWNIAK JERZY | 65 | | 45 | 50 | 60 | | 220 |
| | SZPAK DAMIAN | 60 | | 80 | | | | 140 |
| III | KSIĄŻEK WIESŁAW | 55 | 60 | 50 | 60 | 65 | | 290 |
| IV | KASZUBA BOGDAN | 50 | 50 | 40 | 45 | 50 | | 235 |
| | MUSZER WITOLD | 45 | 45 | 30 | 35 | 35 | | 190 |
| | PALUSZKIEWICZ WIESŁAW | 40 | 10 | 10 | 0 | | | 60 |
| | WIELGOS JÓZEF | 35 | 35 | 25 | 30 | | | 125 |
| | MZYK JANUSZ | 30 | 25 | 15 | 15 | 15 | | 100 |
| | GÓRECKI MIECZYŚLAW | 25 | 40 | 35 | | 40 | | 140 |
| | FLORECKI ANDRZEJ | 20 | 15 | 0 | | | | 35 |
| | ORLICKI STANISŁAW | 15 | | | | | | 15 |
| | BRODACKI WIESŁAW | | 80 | | | | | 80 |
| | PIJANOWSKI LESZEK | | 55 | | | | | 55 |
| | MIELNICZUK FRANCISZEK | | 30 | | 10 | 30 | | 70 |
| | SONDEL MIECZYŚLAW | | 20 | 5 | 20 | | | 45 |
| | SURWIŁO ARMAND | | | 60 | | | | 60 |
| | GAWĘŁ BOGDAN | | | 55 | 65 | | | 115 |
| | KUDŁA JAROSŁAW | | | 20 | | 20 | | 40 |
| | BORJA DRAGO | | | 0 | | | | 0 |
| | ADAMCZYK KAZIMIERZ | | | | 55 | 55 | | 110 |
| | SŁOMKA ANDRZEJ | | | | 40 | 45 | | 85 |
| | RADZIOCH ANDRZEJ | | | | 25 | 25 | | 50 |

| | | | | | | | | |
|--|--------------|--|--|--|---|----|--|----|
| | BARUT ANTONI | | | | 5 | | | 5 |
| | WOLEK JERZY | | | | | 10 | | 10 |

Kategoria mężczyźni 60 lat i starsi /10000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|----------------------|--------|--------|--------|--------|--------|--------|--------|
| I | WYDUCH JAN | 100 | 100 | 100 | 100 | 100 | | 500 |
| II | WITKOWSKI STANISŁAW | 80 | 65 | 55 | 80 | 80 | | 360 |
| IV | PAWLAK MAREK | 65 | 60 | 60 | 60 | | | 245 |
| III | SAGAN MARIAN | 60 | 50 | 45 | 55 | 55 | | 265 |
| | ROSZKOWSKI STANISŁAW | 55 | 35 | 50 | | 60 | | 190 |
| | REICHERT ANDRZEJ | | 80 | | | | | 80 |
| | KRZYKAŁA KRYSZTIAN | | 55 | 80 | | | | 135 |
| V | BLIMKE ROMAN | | 45 | 65 | 65 | 65 | | 240 |
| | MADEJ JÓZEF | | 40 | 40 | | | | 80 |
| | WERSEL JERZY | | 30 | 35 | 50 | 50 | | 165 |
| | ŚCIBISZ BOGDAN | | 25 | | | | | 25 |
| | JANICZEK MARIAN | | 20 | | | | | 20 |
| | PIELOT MARIAN | | 15 | | | | | 15 |

Kategoria NORDIC WALKING /5000m./

| M-CE | Nazwisko i imię | 1 bieg | 2 bieg | 3 bieg | 4 bieg | 5 bieg | 6 bieg | Punkty |
|------|---------------------|--------|--------|--------|--------|--------|--------|--------|
| I | RYNIAK JOANNA | 100 | 80 | | 80 | 80 | | 340 |
| | SZPAK IRENA | 80 | | | | | | 80 |
| | SIERANT-KLIMA MARIA | 65 | | | | | | 65 |
| III | PTAŚ JOLANTA | | 100 | | | | | 100 |
| I | DUDA KRZYSZTOF | | | 100 | 100 | 100 | | 300 |
| II | MIELNICZUK MARIA | | | | 65 | 65 | | 130 |
| | ZĘDROWSKA URSZULA | | | | | 55 | | 55 |
| | ADAMCZYK BARBARA | | | | | 60 | | 60 |
| III | KORCZ ANNA | | | | | 100 | | 100 |